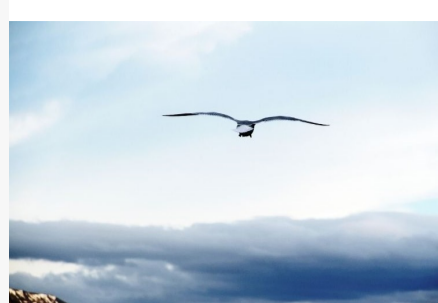




# Logic of Love News

October 2021 - Vol 1



## President's Corner: Discovering and Connecting to our Higher Self

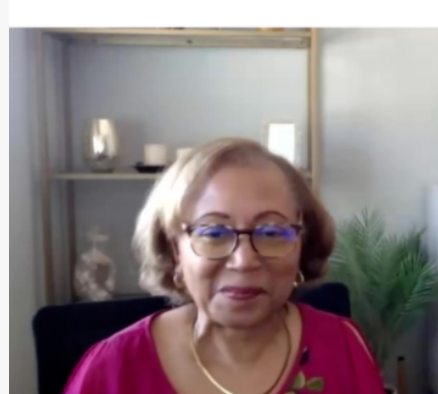
Dear friends,

Living mindfully, intentionally and with a purpose is the invisible thread weaving through this first October edition of the Logic of Love News.

I personally believe that as Covid times continue, it is a good opportunity to go within, to self reflect, to examine, and discover our deeper emotions that often cause us to react rather than act.

Self reflection is crucial process required to more smoothly adapt to ongoing changes and challenges—we need to strengthen our inner core, our soul, and mind and possibly redirect our minds onto a more positive track.

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## A Women of Passion and Purpose

*"I saw people who were broken begin to rise up and be all that God called them out to be. I began to encourage them and allow them to know there is greatness on the inside of you and we have to forgive, get up and move forward."*-Carolyn Robinson

Mrs. Carolyn Robinson was awarded the HerStory Award by the Indiana Chapter of the Global Women's Peace Network on July 21, 2021, for continuously embodying in her life our organization's motto, "Living by the Logic of Love."

*"We all want to be loved and accepted. Society looks at individuals in corrections totally differently than I do. I have the best job in the world. I have the ability to help people with broken lives get back on track."* - Mrs. Carolyn Robinson

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## I AM A TREE OF HOPE AND STRENGTH

Oh mankind hear my cry

Look at me, even though the color of my leaves may change and even drop, I'm still a tree

In spring I rejoice for my leaves are green

In autumn yellow or brown, I'm still a tree

In winter I have no leaves and when it snows my little branches look like white leaves,

I'm still a tree

How beautiful I always look

All mankind hear my prayer

Have a beautiful heart that never changes

Even in winter when it is cold

Even in summer when it is hot

Come rain or sun shine, always stay beautiful in heart, for your Love can heal the sick

and even warm a broken heart and make someone smile

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## Peace Begins with Being Present

Yesterday is history. Tomorrow is a mystery. And today? Today is a gift. That's why we call it the present. -Eleanor Roosevelt

On Saturday, September 18, 2021 the WFWP Northern California had their third Global Women's Peace Network zoom program in the Women as Leaders series.

In honor of the International Day of Peace, Maree Gauper read a poem by Langston Hughes entitled "I Dream a World." The guest speaker for the program was [Myrna Lares](#), WFWP member, relationship/family coach and presenter. The title was "Peace Begins With Me & My Family."

Sharing from her personal experience, she explained that when we begin with the desire to grow and change, becoming more present to ourselves and others and practice being authentic and real in our relationships, we create compassion, empathy, connection and belonging in our relationships.

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## Bring Hope and Joy to Children in Jordan

The Middle East is often on the brink of war and it is not a safe place for children to grow up. "How can we bring joy to children in need?" This is what WFWP Jordan President Mrs. Fusayo Irikura asked herself, especially as she learned of an increase of crime among youth and children in the crowded and needy neighborhoods of Jordan's capital. Many of the students from the Jordan Arabic Literacy Project also have been forced to work part-time in order to support their families during the pandemic.

Thus, rather than focusing only on academic support and tutoring, WFWP Jordan also provides many opportunities for children to experience joy and receive character education through service projects, sports, and drama performances. No matter what these children may experience in the future, with a good foundation in their youth, they can overcome anything with a positive attitude and determination.

Will you join us in providing hope and joy to children in Jordan? Help support these and other valuable programs from WFWP Jordan by [donating today!](#)

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## Heal the Earth

Wondering what you can do to care for our beautiful, God-given Earth? Gregg Jones from the [Hyo Jeong International Federation for the Unity of the Sciences](#) (HJIFUS) shared with WFWP members about the role people of conscience play in the restoration of the environment. It was an evening with wonderful insights and interactions, learning about particular environmental issues, the education and service projects HJIFUS has spear-headed, and what individuals are doing now in their own neighborhoods.

It was wonderful to hear about the HJIFUS conferences, which are bringing together conventional scientists and "new paradigm" quantum scientists to discover solutions from a perspective of serving others. Mr. Jones also shared about "Hyo Jeong Planet Solutions," service projects with youth, to educate a new generation about the part they can play as stewards of Creation...

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## Explore Mindfulness

Mindfulness Day is Sunday, September 12th. This celebration began in 2011 when the nonprofit Wisdom Publications decided to promote mindfulness and raise awareness about its benefits. As a practice, mindfulness can span from moments to week-long retreats. Author Tara Brach offers a free, 40-day online guided training to help individuals establish a mindfulness practice. The fifteen-minute Mindfulness Daily lessons are easy to work into a busy day. To explore this free training visit: <https://www.tarabrach.com/mindfulness-daily/>

Mindfulness encourages us to take a pause, a moment of intentional contemplation, of being fully aware and present without interpretation or judgement. To get started and learn more, UCLA Health offers a free app for iOS and Android. You can enjoy this great resource by downloading the UCLA Mindful App.

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## Upcoming WFWP Events: Global and Local

Check out the calendar for exciting upcoming events.

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## WE'D LIKE TO HEAR FROM YOU!

PLEASE SEND YOUR FEEDBACK, CONTRIBUTIONS & IDEAS TO:

[wfwp.newsletter@gmail.com](mailto:wfwp.newsletter@gmail.com)

