



WOMEN'S FEDERATION FOR WORLD PEACE, USA

*Logic of Love  
News*

August 2015

## PRESIDENT'S CORNER

Dear Friends,

I hope your summer has been going well!

**Transitions** and **Leadership** are the two words that come to mind when I think about what WFWP USA has been experiencing over the last few months--and also in our most recent annual chairwomen's retreat. The retreat / leadership training was an intergenerational effort from beginning to end and drew 50 ladies, from ages 17 to 70. Together we discussed--and experienced--this year's theme, "GROWTH - Uplift, Upgrade, Collaborate" (see article below).

Transitions and growth are occurring as new and younger women are stepping forward to take leadership in various WFWP chapters. As this happens, the more seasoned and experienced ladies are taking on the role of mentors and are now able to move on to other areas of their passion (we will have more information on this in subsequent newsletters).

Also I would like to introduce and welcome our **new national membership coordinator, Pam Stein**, who will assist in the growth of our national organization and each chapter thereof. Welcome, Pam!

Transitions and growth are also reflected and noted on a more personal and spiritual level in some articles in this August issue, as leadership always involves self-reflection, self-change, judiciously taking care of "me," and prayer in order to expand our maternal heart and embrace the painful and the unlovable.

As we close this month, we also commemorate the third anniversary of the passing of our co-founder, the Rev. Dr. Sun Myung Moon. It will be marked in Korea and elsewhere around the world on August 30. Before he passed, he especially encouraged women to play a central role in leading the world to sustainable peace. We thank him for his legacy of love and living



### Table of Contents

[School Burning in Kenya](#)

[Save the Date: National Assembly](#)

[Arizona Hosts WFWP Retreat](#)

[Cherokee Wisdom: Two Wolves](#)

[What One Passionate Young Woman Can Do](#)

[Facets of an Effective Leader](#)

["Night Out" Strengthens Neighborhood Spirit](#)

[Disability and the "Cure"](#)

[Transforming Emotions, Body, and Spirit](#)

[Sowing and Cultivating Seeds of Peace: One Family's Path](#)

[Abraham Lincoln: "With](#)

for the sake of others, and it is our commitment to expand this now and in the years to come.

Have a great rest of the summer!  
Warmly,  
Angelika

P.S.--On an entirely different and much more earthy note, don't miss checking out our movie recommendation and a delicious recipe for meat loaf!

## SCHOOL BURNING IN KENYA REQUEST FOR DONATIONS



Photo: Joseph Amunya A section of the burnt dormitory

### Emergency Relief Fund Kenya WFWP School By Min. Fannie Smith, National Coordinator, Schools of Africa

During my Schools of Africa presentation at the recent Chairwomen's Retreat in Scottsdale, Arizona, I shared pictures of a school burning in Kenya that I had recently received from WFWP Japan. This fire was in the girls' dormitory of the Handow Secondary School where 54 girls were housed. The WFWP Japanese volunteers in that area are trying to help because everything was lost: shoes, clothing, books, everything that they had in their rooms is gone.

They are requesting our help in this "emergency effort." WFWP USA can donate funds and any supplemental donations would also be appreciated. **This project has a time limit until the end of September 2015.**

Please go to the WFWP website to donate today. Reach out to your family and friends for help.

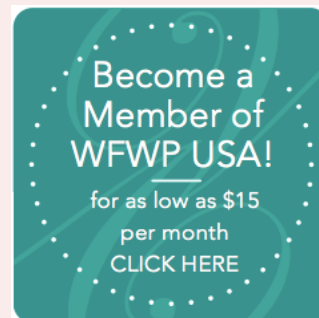


Either direct them to our website for donation information, or forward the WFWP newsletter to those you think might donate to let them know the situation of the young ladies in Kenya.

[God's Help, I Will Succeed"](#)

[Change Within is a Cornerstone for Peace](#)

["Believe" and Lentil Meatloaf](#)



If you have any questions or concerns, please contact me ([fannie2503@comcast.net](mailto:fannie2503@comcast.net)), or Irmgard Baynes ([ibaynes@wfwf.us](mailto:ibaynes@wfwf.us)).

[▶ DONATE NOW](#)

Thank you for all your support.

## SAVE THE DATE: 23RD ANNUAL NATIONAL ASSEMBLY

You are cordially invited to attend the 23rd National WFWP Assembly  
in Washington, DC from October 22 - 24, 2015!



## 23RD ANNIVERSARY ASSEMBLY

Women's Federation for World Peace USA



### Women Leading the Way to Sustainable Peace

Featuring: Global Womens' Peace Network Panel Discussion  
• 20th Anniversary of the Bridge of Peace • HerStory Award  
• Entertainment • and more

Thursday, October 22: National Service Project

Friday, October 23 &

Saturday, October 24: National Assembly

Washington Times Building | Washington, D.C.

More details, speakers, and service projects  
to be announced.



[www.wfp.us](http://www.wfp.us)

## ARIZONA HOSTS WFWP RETREAT

### A WFWP Retreat in Arizona Empowers Women Leaders

By Mrs. Katarina Connery and Mrs. Angelika Selle

Women leaders from across the country gathered in Arizona from July 23 to 26 for a three-day WFWP Leadership retreat. Fifty current and upcoming leaders participated in a weekend full of inspiration, networking, and team building. With presentations on branding, character education, marriage and family, outreach, and more, the retreat lived up to its theme: "Growth, Uplift, Upgrade, and Collaborate."



The participants ranged in age from 17 to 70 and represented a multitude of ethnic backgrounds. The beautiful Franciscan Renewal Center in Paradise Valley, Arizona, in the Phoenix metropolitan area, provided the ideal location for the annual national retreat and leadership training. This year's retreat garnered a lot of attention, with high attendance and excitement among participants and staff. The organizers tried to create an environment in which participants could be "inspired, uplifted, nurtured and empowered."

Some of the main external goals for the retreat involved sharing best practices, providing practical tools to chairwomen and teams, and setting effective goals for specific projects including Schools of Africa. "Our participants understood and took ownership of the vision and

mission and are ready to implement the things they learned," said one staff member.



Glenda Lambert forefront

The local Arizona chairwoman, Glenda Lambert, and WFWP members were essential to facilitating as staff and organizing transportation. Their participation made for a warm welcome for all the participants.



Membership coordinator  
Mrs. Pam Stein

At the first gathering, WFWP USA President Angelika Selle welcomed attendees and introduced the new national team including Katarina Connery, the newly appointed vice president, and Kiyomi Schmidt, a very capable new administrator, as well as members of the staff and board. The energy in the room was charged with joy and anticipation as President Selle spoke about the goals and purpose of the retreat. The session ended with everyone forming a large circle for a prayer to dedicate the retreat to God.

[Read the rest on our website...](#)

## CHEROKEE WISDOM

### Two Wolves

Author Unknown

An old Cherokee chief was teaching his grandson about life. "A fight is going on inside me," he said to the boy. "It is a terrible fight and it is between two wolves."

"One is EVIL. He is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, self-doubt, and ego."

"The other is GOOD. He is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith."

"The same fight is going on inside you - and inside every other person, too."

The grandson thought about it for a minute and then asked his grandfather, "Which wolf will win?"

The old chief simply replied, "The one you feed."



Good



Evil

## INTERVIEW

### What One Passionate Young Woman Can Do: Giving Back to Native Youth

By Ms. Emily Cornier

Ms. Viki Eagle is a recent graduate of Colorado University, majored in International Studies, and mastered in higher education. She is currently working at UCLA as a Native American recruiter. Many people who know her recognize that she is a woman of action in the Native community. As a Lakota woman she was proud of her heritage and was very involved in the Native culture in Denver.

In 2012 she moved out to the Pine Ridge Reservation in South Dakota after studying abroad in Japan. There she taught multimedia and photography classes to high school seniors with the AmeriCorps program for a year. She also volunteered as a bus driver during the weekends and was very involved with the local high school. She gained strong relationships with the youth because she listened to what students were going through on the reservation, and what their life was really like.



Viki Eagle graduated wearing eagle feather

After her volunteer work, Viki was as busy as ever, finishing her master's degree. She also organized various powwows on campus and founded a photography project called "Real Life Indian."



Viki with photography display

The project's intent was to document Native American students and display the "modern Indigenous person." It showcases the identities and complexities of living in two worlds; where Native American inherited culture meets mainstream society. I was always curious about what drives this woman to work so hard, and, with a twinkle in her eye, she tells me Starbucks coffee has been a big help; and what she is planning to do next. With all that she has already accomplished at the age of 25, I think the future looks bright.

**Emily: How do you feel working in Pine Ridge has impacted you? What made you want to volunteer there?**

Viki: In general I wanted to volunteer and get experience working at a high school. Growing up in Denver public schools, there were a lot of American Indian education programs that were geared to helping Native students to really connect with our identity and who we are and I just really enjoyed volunteering in the community. I got to know elders and different families, and I found a beautiful culture and way of life. I really enjoy the Native aspect of community. I really liked that Native people in the city were able to join together and have powwows or have gatherings for elders. I enjoyed volunteering and giving back to that community. I was given a full ride to Denver University (DU) through a Native American scholarship. I knew that by receiving this scholarship for my education, I had the responsibility to give back to the community. I felt this motivation because I was able to receive free education and because of where we (Native Americans) are as people, I need to give back to the community I represent.



Enjoying community at a powwow

[Read the full interview on our website.](#)

## FEATURE

### Facets of an Effective Leader

By Ms. Tanya Selle

According to an online definition of an effective leader, it is someone who "creates an inspiring vision of the future, motivates and inspires people to engage with that vision, and coaches the team so that it is more effective at achieving the vision."

For the first time last summer, I led a group of teens in a month-long sales venture in Alaska. Needless to say, nothing could prepare me for the huge responsibility and challenges that lay ahead. Taking charge of everyone's safety, logistics, money, and motivational inspiration was a considerable task. Every moment, from the amazing successes to the aggravating disappointments, were engraving in me what it takes to be a genuine and effective leader.

I found the first step to leading a group is making sure they know where they are going. In our team, we spent time every day to consider a deeper motivation behind the work that we were doing. Whether it was to become a stable and hard worker with integrity, or to become a more selfless and caring person, each person had an underlying goal besides simply raising more money. This self-reflection was the starting point of inspiration, dedication, and passion.



On the way to Alaska

Every day we would share our experiences and determinations moving forward. It provided a platform for team bonding and support. Also as I listened to each of their stories, thoughts, and feelings, I gained a better understanding of what each individual was going through. This awareness allowed me to facilitate and guide the group through tough times, and to create the momentum for even greater achievements.



Morning inspiration

So what happens when the leader is down? When the mountain of to-do's, judgements, and misunderstandings kick-in? One afternoon this was where I found myself, all alone, crying in a field after a long day. What picked me up was prayer and introspection. I was not the only one misunderstood, struggling, and putting my heartfelt effort on the line. This realization gave me the comfort and strength to pick myself up, communicate honestly with the rest of the team, and begin anew. I think anyone in a leadership position absolutely needs time away from everything - a time to gain perspective, re-center themselves, and zero in on what their heart is saying.

[Continue reading on our website...](#)

## PENNSYLVANIA

### "Night Out" Strengthens Neighborhood Spirit

By Mrs. Jizly Dohou



**POLICE • COMMUNITY PARTNERSHIPS**

On August 4, 2015, WFWP was invited to participate in the 32<sup>nd</sup> annual National Night Out against Crime in America that was held at the Upper Darby High School. This is a national neighborhood strategy to awaken county participation in a crime watch against drugs. Night Out



Mayor Micozzie and his team

events promote a partnership between the police and those in the community by fostering awareness of local crime prevention programs. Members of the police departments joined forces to treat the community with fun and entertainment through martial arts demonstrations, dance time, and by hosting many giveaways.

The goal of the Night Out is to bring neighborhoods together as informed and caring

communities, and, at the same time, to socialize and forget about computers, phones, and television. Instead it is a time to be out with friends and make new friends and to find out what the police and elected officials are doing to strengthen the neighborhood spirit against crime.

Founded in 1984, America's Night Out against Crime

(see <http://nationaldaycalendar.com/national-night-out-day-first-tuesday-in-august/>), is a nationwide effort in the US and Canada, to bring community involvement in crime prevention



activities and to become partners with the local police in fighting those who commit crime in the community. It takes place on the first Tuesday in August.

For the Pennsylvania Chapter of WFWP, this is the third consecutive time joining this event. It is easy to see why children love this event. Great refreshments are served and the entertainment is fun. It is a peaceful, educational, and entertaining way of helping neighborhoods!



Martial Arts demonstration

To see the article written by Louis Bolling about the event in The Philadelphia Tribune, go to: [http://www.phillytrib.com/national-night-out-held-at-upper-darby-high-school/article\\_f21d8b0a-1052-5dad-8d76-ec27513d27df.html#.VcqrHo4yvsw.gmail](http://www.phillytrib.com/national-night-out-held-at-upper-darby-high-school/article_f21d8b0a-1052-5dad-8d76-ec27513d27df.html#.VcqrHo4yvsw.gmail).

[Share and comment on our website](#)

## FEATURE

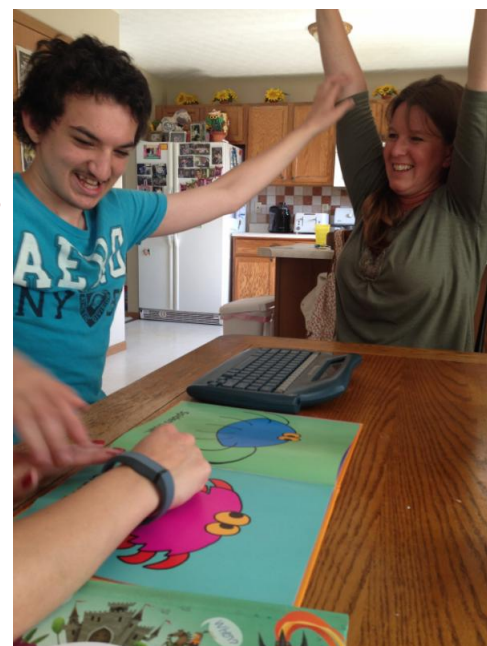
### Disability and the "Cure"

By Mrs. Caryn Olsson

When most parents receive a diagnosis of Autism or something else, immediately the thought comes: "Is there a Cure?" There is a lot of effort put into this, and oftentimes it only leads to disappointment and even hopelessness. There is some kind of a stigma associated with having a child with a disability. There is hope for a Cure; yet, like the Fountain of Youth, it is out of reach, beyond this dimension.

In my opinion, a person needs to understand the functions of the parts of the brain and how they interconnect and work together. Oftentimes, signals misfire in a part of the brain that causes a disconnect. Also, we know that most people do not use all their brains capabilities. This could be due to brain damage at birth or it could be a part of the brain that did not develop in the fetus.

It is complicated to understand the cause of the disability; and likewise, to develop one single cure for such a vast majority of the population that is affected. This is due, in my opinion, to the fact that each person is a unique individual and, as such, reacts to the environment in different ways. So, what will help one child with a disability may not help another child with the same diagnosis. That is why I find it so frustrating when well-meaning people send me articles about Autism, because what has helped someone else's child will not necessarily help mine.



Patrick works with his therapists

Also, there is a wide spectrum with each diagnosis. There is a range from slightly affected, to extremely affected. For those who are only slightly affected by their diagnosis, a cure is more

easily discussed and sought after. However, with those who have some type of brain damage or are more affected by their brain's misfired signals, then a cure is seldom discussed or even sought after.

For me, seeking a cure is meaningless. My focus is on the present and working with what I have. It is in giving love and serving, rather than looking outward for a "Cure," that will help not only my son with a disability but all children, regardless of what life has given to them. For me, if there is a "Cure," it manifests itself in my own ability to give unconditional love. As I truly believe, that is the "Cure" that is being sought.

[Share and comment on our website...](#)

## WISCONSIN

### Transforming Emotions, Body, and Spirit: Health Seminar and Prayer Walk

By Mrs. Veronica Ferch

For the last eight years the Wisconsin Chapter of WFWP has participated in a health and healing seminar and prayer walk hosted by Mrs. Marian North, beginning in her home. This year was different. The annual prayer walk on June 13 started out at Lapham Peak State Park, chosen for its quiet surroundings, healing for the mind and body amidst a myriad of trees.

Our guest speaker was Mrs. Kathy Hill, a Certified Life Coach, Certified Light Healer, and Certified Emotion Code Practitioner. She shared the unique philosophy of the emotion code (often called e-code), revealing the ways that early emotional imprints can affect our overall health and wellbeing. She spoke about the importance of practicing positive affirmations to replace negative self-talk. Kathy gave participants a deep and insightful presentation on healing, specifically on emotional healing.

Prompted by illness in her family and with the mother's heart, Kathy searched and researched how to bring healing for her family's maladies. Her sincere and thoroughly formulated presentation addressed healing on every level-physical, emotional, mental and spiritual. She also emphasized a simple set of rules from the book [The Four Agreements](#), by Don Miguel Ruiz:



Mrs. Kathy Hill presenting

[Continue reading on our website...](#)

## COLORADO

### Sowing and Cultivating Seeds of Peace: One Family's Path

By: Mrs. Shirley Chimes

Four years ago, a tract of land was donated to Mr. and Mrs. Young Dae Lee from Kwanju, South Korea. They planted crops and gave the proceeds to low-income families. They did this from the goodness of their hearts. As members of the Universal Peace Federation founded by Father and Mother Moon in the mid-1990's, the Lee family took seriously the mandate of UPF to promote peace, unity, and harmony among people, beginning with their neighbors.

Taking it to another level, Mr. and Mrs. Lee sought an even deeper manifestation of cultivating sustainable peace. Earlier this year they visited Japan, the historical enemy of Korea, to promote brotherhood and sisterhood relationships in an effort to erase the deep enmity between the two countries.

In June, Mr. and Mrs. Lee travelled to Los Angeles, Las Vegas, and Denver with thirty other committed-to-peace activists. Their desire was to continue the efforts to embrace people from all walks of life, no matter what faith, race, or ethnicity. Some among the group were members of UFP, others were not.

In Denver, June 15, Mr. and Mrs. Lee's daughter, Hwa Jeong and her husband Benjamin Martinez, hosted an American-Korean Brotherhood and Sisterhood event.

Sixty-five participants, including Mr. and Mrs. Lee's two grandchildren...



Hwa Jeong & Benjamin Martinez

[Continue reading on our website...](#)

## ILLINOIS

### Abraham Lincoln: "With God's Help, I Will Succeed"

By: Mrs. Patricia Fliginger

When the June 20 Lincoln Heritage Trip to visit former President Abraham Lincoln's home was in the planning stages back in May, we in the WFWP Chicago Chapter didn't know exactly how it would unfold. However, through a financial grant and in cooperation with Universal Peace Federation leaders Bruce Sutchar and John Prevost and local Family Federation for World Peace leaders, we began to discuss the upcoming trip and how our local community could be involved with it.

Our passionate weekly preparation meetings were memorable because each of us wanted to share the responsibilities and provide an educational experience for all the participants. The greatest thing that came out of the trip was the effect on the younger participants. Two young people even spoke to our community on June 21 about their impressions.



Abraham Lincoln's Home

Kenji Omura, one of the students who participated, was impressed by former Lt.

Governor Sheila Simon's talk at the Illinois State Capital Building. The points that remained with him were that Abraham Lincoln liked politics and that once Lincoln became president he realized that he was equal to everyone else. And of course Lincoln was known to be an honest man. He left the audience with the question: How invested are we in planning for the future?

[Continue reading on our website...](#)

## Change Within Is A Cornerstone for Peace

By Ms. Elizabeth Aihe

Participants of the July 11<sup>th</sup> "Change Within is a Cornerstone of Peace" event in Washington, DC, were ushered into the room by soothing sounds from the piano played by Mrs. Nanae Goto, Universal Peace Federation PR staff. Young and older mingled and spoke together until the official program began.



The program commenced with the MC Ms. Emaculate Mungyeh, Youth Pastor for the Washington Family Church. She welcomed everyone and invited the church pastor Reverend Zagery Oliver to offer the invocation. Then Ms. Thalia Ghiglia, Director of the Church of Scientology National Affairs Office, welcomed the guests and reminded the participants that although there are always temptations to hate, it is love that is the road to strength and true happiness. Ms. Ghiglia showed two short video clips: one that

demonstrated the creation of a fair and free world; and the other about responsibility. She gave some precepts to happiness including respecting the religious beliefs of others and setting a good example; like getting young and old together to paint over graffiti, thus taking responsibility and having a good time together in the process.

Ms. Elizabeth Aihe, Chairwoman of WFWP DC Chapter, introduced WFWP and the purpose for the gathering. A choir of small children, all under the age of ten, came to the front and sang

"Where Peace Begins." After that stirring message from the very young; middle and high schools students read peace quotes from historical leaders whose lives embodied peace and peace-making. That set a contemplative atmosphere for the main speaker.



The keynote address was given by Mrs. Grace Davina Valera, Founder and Executive Director of the

service-oriented organization and former diplomat and Cultural Attaché of the Philippines Embassy. Mrs. Valera emphasized that for change to begin we should "look in the mirror" and then ask that man or woman to make the change; thus expressing the importance of change within as the foundation for peace without.

[Continue reading on our website...](#)

## Movie Tip and Recipe for a Family Night

### "Believe" & Lentil Meatloaf

Contributed by Mrs. Shirley Chimes

In my opinion, "Believe" is a great movie. It's about a young English boy who loves soccer and Sir Matt Busby (1909-1994), renowned manager of the Manchester United football team. Even after the tragic Munich Air Crash that killed eight Manchester United players and three club officials, Sir Matt, who survived the crash, built the team back up to win every National and European trophy. In the movie, Sir Matt and the boy, Georgie, meet by chance and Sir Matt ends up coaching Georgie's under 12-year-old team. In his life, Sir Matt always found the time to work with children and help them realize their dreams, and that is what the movie is about.



It is a good movie to sit together as a family and watch while eating a favorite meal or trying something new: How about a Lentil Meatloaf!

#### Lentil Meatloaf

Boil 2 cups of water & salt.

Add 1 cup of lentils, cover & simmer for 25-30 minutes, until lentils are soft & most of the water has evaporated. Remove from fire, drain, and then partially mash the lentils. Scrape into a mixing bowl & allow to cool slightly.

Preheat oven to 350°F.

Stir in 1 cup of quick cooking oats and some diced onion.

Add 1 egg, 4 ½ oz. of tomato sauce, fresh garlic, basil, your favorite seasonings, salt & pepper, some diced celery, if your family likes that.

Mix well, spoon into a well-oiled loaf pan, then smooth the top with the back of the spoon.

Bake at 350 for 30-45, until top is dry, firm & golden brown

Cool for about 10 minutes then run a sharp knife around the edges and serve!

You can add diced onions, quick cooking oats, 1 egg, 4 ½ oz. tomato sauce, minced garlic or 1 teaspoon garlic powder, 1 teaspoon dried basil, seasoning salt, pepper, cumin, mushrooms - and anything else that makes your family sit up and take notice.

[Share and "Like" on our website...](#)

## EDITOR'S NOTE

Thank you for all your heart work to bring hope, education, healing and service to so many people who are in need. WFWP as an organization and as chapters is committed to uplifting the unique value of each individual human being beyond all the barriers that have divided us in the past.

We look forward to hearing about all the wonderful things we are doing to bring hope of a better world on all levels. We welcome your articles and photos to empower us all!

Let's pray for the young ladies in Kenya, and offer whatever donations we can to construct a dormitory for them and give them the articles that they so desperately need.

## A Big Thank You to Our Generous Sponsors!



Ocean Peace, Inc.  
Michael Faris



Silver River Real Estate  
Dan Stein

**Daniel Bankus**

**Michael  
Endacott**

[www.wfwp.us](http://www.wfwp.us)

Copyright © 20XX. All Rights Reserved.

[Forward this email](#)



This email was sent to info@wfwp.us by [info@wfwp.us](mailto:info@wfwp.us) |  
[Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [About our service provider.](#)



Try it FREE today.

Women's Federation for World Peace USA | 481 Eighth Ave | Suite 627 | New York | NY | 10001