



### President's Corner: Pay Attention to Your "Sense"

Perhaps all women have, at one point or another, experienced a moment when you feel, deep in your heart, that something is off. It is not always easy to put into words what it is that you feel, and yet you can't shake the urgent feeling that something is wrong. Those feelings may take the form of tears brimming the corners of your eyes, or an increased heart rate, or an uneasiness in the pit of your stomach. It is almost as if the sensitivity is so strong that it feels like it is bursting out of you. In those moments we have two choices to make: pay attention or ignore it.

If you choose to trust that sensitivity, you are all-too-often misunderstood or considered emotional for speaking from such a place. But, I believe that place you are speaking from is one of the most untapped reservoirs of divine inspiration. You see, women are innately gifted with the ability to sense when things need to change. It's not a burden, it's not simply hormones, it is, in fact, a gift from Heaven. Without years of practice harnessing this innate spiritual sensitivity many of us have quieted this voice inside of ourselves. Instead, we must learn to recognize the feelings for what they are, a signal from within our souls.

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### Women's Empowerment Luncheon

*Editor's Note:* WFWP collaborates with other like-minded organizations uplifting women's role in society. WFWP Arizona Chairwoman, Rhia Nkulu, participated in the panel discussion and five WFWP members attended the event described below.

The [City of Chandler's Diversity, Equity & Inclusion Division](#) invited Chandler women to its inaugural [Women's Empowerment Luncheon](#) on Friday, May 12, 2023. 120 women who either serve the Chandler community, live and/or work in Chandler attended the luncheon held at the Chandler Center for the Arts in Chandler, Arizona.

The event featured Steph "The Hammer" Roach as the keynote speaker. Roach is an author, adaptive athlete and entrepreneur who shared her experiences and perspectives as someone who has turned her life's adversities into her greatest potential. Born with Cerebral Palsy and given very slim chances of making it out of the hospital alive, to having to fight cancer later in life, she's no stranger to overcoming life's hurdles.

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### "Taking Care of Mom" Tea with Intention in New Jersey

Mother's Day is always a wonderful time to acknowledge and be grateful for the motherly love which has shaped our lives, whether that is from our own moms, a grandmother, aunt, mother-in-law, or a mother-like figure. There is nothing like that nurturing and tender care to help us grow in mind and heart or soothe away worries and anxiety. Dr. Hak Ja Han Moon has said, "By nurturing the fruits of love and investing in her children's upbringing, a woman connects and extends the traditions and lineage of her family. For this reason, although her external efforts are important, the role of the mother in cultivating character and raising her children to have healthy, wholesome natures is the highest function of motherhood. In fulfilling this role, mothers truly represent the heart of God."

Even though Mother's Day is once a year, it's always appropriate to think about what we learned from our mothers and how we can return the love received. Thus, a week after Mother's Day, on May 20, the WFWP chapter in New Jersey held a Tea with Intention program under the theme of "Taking Care of Mom."

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### Visit to Kratie, Cambodia

*Editor's Note:* Since 2015, WFWP New Jersey has supported children in Cambodia, in partnership with WFWP Cambodia. Foster parents sponsor a student's yearly education, books, and more. In exchange, the foster parents receive letters and school reports from the children. Below is a letter written by Mrs. Takahashi who lives in Cambodia and works for WFWP Cambodia, and personally visits the children.

The WFWP Cambodia team visited the children in Kratie on April 11, 2023; before the Cambodian New Year began. In this visit, we hosted two activities: one involved the children revisiting their New Year's cards they made in January and second allowed the children to make their own name cards. They were all eager to create their own name plates after seeing how other children, who were in the previous support program, had created their own.

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### What a Mother Means to a Daughter

The [Women's Federation for World Peace \(WFWP\) Canada](#) held its 7th annual Mother-Daughter Tea Party on Sunday, May 28th, 2023 in Toronto, Canada. There were 33 people in attendance, plus nine online via Zoom.

The topic of the event was **The Power of the Mother-Daughter Relationship: Modeling & Influencing.**

The opening remarks from WFWP Canada President **Lilly Tadin** reminded the audience that we were here to celebrate the many beautiful and challenging relationships between mothers and daughters.

**"As mothers we always give, give without ceasing."** - WFWP Canada President Lilly Tadin

The first guest speaker, **Mrs. Rosary Escano** (Philippine Women's Network) credited her own artistic nature to her mother's character. Her mother exposed Rosary and her three siblings to numerous films like *The Sound of Music* and *The King and I*. Her mother also taught them good manners and conduct. The Escano family were food lovers and loved to cook because of their mother's talents in the kitchen.

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### Welcoming Hanmi Bowman

The new Southeast Regional Coordinator is **Mrs. Hanmi Bowman**, who has graciously taken on this role in addition to being a mother of two young children.

She has a passion for including young families in her work and is very excited to be working with the local WFWP chairwomen and representatives in Maryland, Virginia, Washington DC, North Carolina, Georgia, and Florida.

She will be taking over the position from **Mrs. Osmarina Rush Starr** of Virginia, who has been the regional coordinator from 2021 to 2023. Thank you **Mrs. Rush-Starr** for your guidance, commitment and heart in service to WFWP USA. We look forward to continually working together in a new capacity!

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### Upcoming WFWP Events: Global and Local

Check out the calendar for exciting upcoming events.

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