



[President's Corner: From the ME To the WE Consciousness](#)

Dear friends,
We finally arrived at this brand-new year 2022!
 What do you envision for this new year—for yourself, your family, and your community, nation, and world?

Surely health and well-being are top priorities for all of us—as perhaps are working on ourselves, improving our outlook on life, and developing new skills. All that is well and good. Yet, I believe there is more ... and maybe even the continued Covid pandemic is unintentionally assisting us.

I believe our planet and humanity as a whole, hard as it may be to believe, are slowly but surely shifting from a ME consciousness to a WE consciousness!...

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[LOOKING BACK AT 2021- A Year of Transitions and Transformations](#)

Greetings in this New Year 2022!!
 We are so very grateful to share with you some of the fruits of 2021 in this brief summary report below, covering the **Global Women's Peace Network, Education, Outreach and Service** efforts, put together for you with the commitment to build on last year's success and open up a whole new level of development in 2022 and beyond!

[Click Here to Read WFWP's 2021 Annual Report](#)



[A Ray of Hope for Refugee Children in Jordan: WFWP Arabic Literacy Project](#)

WFWP Jordan President Fusayo Irikura launched the Arabic Literacy Project in 2016. She has made it her personal mission to provide refugee children aged 8 to 15 with opportunities to receive educational support and develop a good character in a safe and loving environment. To understand more about the character education programs to help the children overcome the violence in their surroundings click [here](#).

Throughout the month of October, WFWP USA ran a fundraising campaign to support the Arabic Literacy Project, and we are proud to report that we were able to send \$7,200 to Jordan...

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[Bridging Theological Gaps through Interreligious Dialogue](#)

WFWP Colorado Representative Gale Alves and her husband Antonio are members of the [Grand Valley Interfaith Network](#) (GVIN), a local organization in Grand Junction that fosters cooperation between members of different religious affiliations and promotes community engagement. The Southern Baptist Church of the Heart of Junction Church hosted an interreligious sharing event on the topic: "What is Evil, Where did it Come From, and How Does it Manifest in the World?" on Dec 29.

Representatives of four faiths were present and each had ten minutes to share...

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[The Mindful Path – Positive Change](#)

The fresh new year is upon us. Bundled up in the hopes and expectations of 2022 is the lingering weight of the pandemic. I have been reading "The New Normal: A Roadmap to Resilience in the Pandemic Era" by Dr. Jennifer Ashton. I have found this to be an excellent resource to navigate the coming year.

"The New Normal" suggests powerful ways to minimize our COVID risk. Dr. Ashton recommends all of the usual talking points – vaccination, social distancing, mask usage in public, and frequent hand washing. However, she also strongly recommends that we focus on achieving a healthier weight and exercising. In America, at least 70% of adults are overweight. Many people report they exercise little or not at all.

Americans are aligned with Dr. Ashton when they consider their New Year's resolutions. Year after year, the top two resolutions are dieting and exercising more.

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[Upcoming WFWP Events: Global and Local](#)

Check out the calendar for exciting upcoming events.

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