



President's Corner: 2023—A Year of Hope and New Growth

Dear friends, Greetings in this brand-new year 2023!

I don't know about you, but I feel a very hopeful spirit in the air! Our Founder, Dr. Hak Ja Han Moon, in her brief New Year's address, expressed words of encouragement and hope. She asked everyone to leave behind all of 2022's unpleasant thoughts and memories—and there were all too many of these—and to welcome this new year with delight and excitement as we continue to pursue paths for lasting peace.

January also being the month in which Americans commemorate the example, philosophy, and accomplishments of Dr. Martin Luther King Jr., I thank God for his life and inspiring words. They stimulate us all to pursue peace, justice, and nonviolence. I would like to encourage us to consider reading one of his books this month. A personal favorite of mine is *Strength to Love*, which is most relevant for our current times and for each of us to contemplate as we begin this new year...

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Dear weedows and exhaerikers

Dear readers and subscribers,

We are pleased to share with you our end of the year report 2022, which indeed has been a most eventful milestone year for WFWP, yet also filled with great challenges. We are therefore grateful for the many successes WE TOGETHER were able to achieve centered on our vision and mission and infused with the motherly heart. We hope you enjoy this summary report! May this New Year 2023 be even more successful and exciting!

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You Made a Difference—Voices of Gratitude from

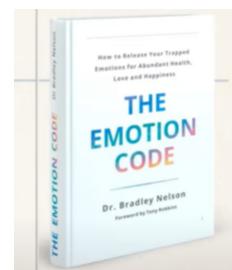
Africa
Students of the New Hope Technical Institute in Rwanda share their

Appreciation
As you are aware, Women's Federation for World Peace (WFWP) USA has been raising funds to support our ten schools in Africa. We recently received

a wonderful thank you from the New Hope Technical Institute in Rwanda. Our support of \$2,485.00 from WFWP USA enabled them to acquire new supplies to assist students in their education: Cooking appliances were given to the culinary arts program, sewing machines for the tailoring course, and mannequin heads for the beautician and hairdressing courses.

A big Thank You to all who donated and created fundraisers in 2022 to raise money for our WFWP Schools of Africa Program....

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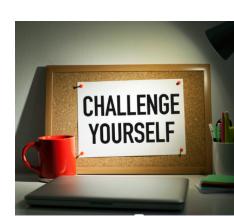


Energy Healing with the Emotion Code and Body Code Methods

"In us, all around us, everything is energy. Some energy is in a physical form, some energy is invisible. This invisible energy includes our emotions as well." -Hanka Musilova (Emotion Code and Body Code practitioner)

The October 15, 2022 webinar was entitled, "Emotion Code and Body Code," presented by certified Emotion Code and Body Code practitioner Hanka Musilova from the Czech Republic. Hanka shared that it was her own personal challenge with depression that led her to explore Emotion Code. Based on her experience of being able to find hope and wellness, Hanka began to study further....

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A New Year Challenge for 2023

The new year gives us a chance to have a fresh start. According to the Epoch Times article: 23 Things to let go of in 2023 written by Barbara Danza; there are emotions, feelings, and ways of thinking that could be holding us back from living our best lives and sabotaging our relationships. Barbara asks us to reflect on such things as clutter, resentment, expectations, holding ourselves to an impossible standard or to a low standard and not even trying.

For example: Are we judgmental of others? **Judgment can become a habit** and do we really want to be the people who look down on others or cheer up others and see the good in people? How much better will you and your relationships be if you let judgment go?...

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A Celebration in Arizona Brings Joy and Connection:

Holiday Tea with Intention

On Saturday, December 17, Global women's Peace Network (GWPN)
members came together to celebrate the holiday season at Women's
Federation for World Peace (WFWP) member Gloria Petersen's home. This
event was open to members and guests.

The celebration was catered by The Pink Door Tea house which featured tea sandwiches, scones, and salad. Gloria added cookies and candy. Rhia Luz Nkulu, WFWP Arizona chairwoman, shared mimosas to top off the celebration

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<u>Upcoming WFWP Events: Global and Local</u>

Check out the calendar for exciting upcoming events.

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PLEASE SEND YOUR FEEDBACK, CONTRIBUTIONS & IDEAS TO: wfwp.newsletter@gmail.com













