



Logic of Love News

February 2022 - Vol 1



President's Corner: It's all about love

Dear friends,
It's all about love—true love—in this edition of the *Logic of Love Newsletter!*

In one article, we commemorate Dr. Martin Luther King Jr. (MLK Jr. Day was on January 17), whose legacy will remain alive here in America forever. Why? He was a man of agape love, promoting nonviolence and living the reconciliation message of Christ, leading by his own example. In addition, we continue to express love and appreciation during this month of February—Black History Month—to all our Black brothers and sisters here in America, who are an integral and invaluable part of the fabric of the United States.

We pray that in the very near future, all racial divisions can be resolved and that we can truly become ONE NATION in heart under God...

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THE LIFE AND LEGACY OF MARTIN LUTHER KING, JR.

Editor's note: Vice President Pierre-Louis gave this speech in 2015 at the Martin Luther Towers in New York City, and it is being shared here again in honor of the recent MLK, Jr. day.

Dr. Martin Luther King, Jr. did not put down America, but rather he lifted up her humanity in pursuing the "equality of the many opportunities she had to offer for people with no voice." Fifty years ago on a motel balcony in Memphis, Tennessee, a single rifle shot pierced the air, a shot that was heard around the world, silencing the voice of Dr. Martin Luther King, Jr. However, fifty years later, his words of truth, light, and justice still wake us up from a slumbering sleep. Generations now and to come will never stop honoring his words, because his words were of one crying in the wilderness, making clear the "will of God" to let my people go!

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The Bridge of Reconciliation

It was a beautiful day in Atlanta, Georgia, on September 1, 2012, the Women Federation for World Peace Georgia prepared for a bridge crossing ceremony, centering on WFWP USA's motto: "Living by the logic of love." The Bridge of Peace Ceremony has been WFWP International's flagship project since 1995, bringing together and reconciling hundreds and thousands of women representing enemy nations, races, members in a family or generations, who were at odds with each other.

However, this particular Bridge of Peace event was special and exciting to me personally as it was scheduled to take place at Dr. Martin Luther King, Jr.'s historic Freedom Hall.

I also always knew in my heart that although we have sisters of many colors here in the United States, a major key to America's liberation and healing lies in the relationship between Blacks and Whites. And I also believe that women carry the "soul force", that Dr. King referred to in a lot of his speeches...

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A Unified Korea: Special Seminar and Mini-Talk Show on "Crash Landing on You"

Do you like Korean dramas? Even if you think you don't, you might want to check out this one: "Crash Landing on You," which was released in 2019 and within a short time became the number one rated Korean drama for two years in a row, in Asia, but also in Europe, Africa and here in the United States, especially among the younger generation. Find out why by watching it yourself on Netflix....

To kick off this new year and to continue its educational webinar series "A UNIFIED KOREA" the GWPN Committee of Korea, Japan and the United States decided to go outside the box and instead of a panel discussion put on a mini-talk show based on Crash Landing on You Korean drama, with assistant screenwriter, Mr. Kwak Moon Wan, a defector from North Korea...

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Making a Conscious Shift for Peace: Cornerstone for Peace Seminar

How can we create a wider culture and social environment where every family is fully able to grow healthy, every member of the family is reaching their full potential, and the relationships within the family are happy and healthy? These and other questions were explored and discussed at the Cornerstone for Peace Seminar on January 6, attended by 58 women and men.

The evening seminar kicked off with WFWP USA President Angelika Selle outlining the unique aspects of WFWP's vision and founding, in particular how it relates to marriages and families as a crucial part of peace building. Given the current status of dysfunctional families, she posed the question many people these days ask themselves: **Why marry at all?** ...

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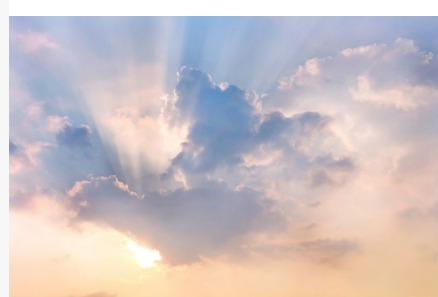


Emotional Freedom Technique and Safe Conversations: Self-Care Isn't Selfish Series Continues

"Imagine your problem is to find a book in a dark, cluttered basement. You cannot see clearly, and you keep banging your head. If you focus on the problem, you may try to protect your head and squint harder as you keep searching through every box. If you focus on the solution, you can pause, find the light switch and turn on the light so that you can see everything clearly. And then you find the book." -Deepak Chopra

Two more webinars in the series "Self-Care Isn't Selfish" were held in December and January, organized by WFWP West Coast Chapters...

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When God Talks to me

You are precious
My beloved children,
Know that I created you like rough diamonds.
You are the most precious of My creation!

I didn't create you already shining, but with all the potential to shine. Some of your imperfections are derived from birth and others you acquire during your life.

All the countless difficult circumstances that you go through in your lives will make you precious, unique and provide you with the shape and facets that will make you shine....

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Why Self-Love Should Be Your Priority In 2022

As has been made clear of late through our "Self-Care Isn't Selfish" webinar series, WFWP actively encourages self-care and the idea of altering our lifestyles to better ourselves. Self-love is slightly different, but equally as important as self-care; it has to do with learning to overcome esteem issues, knowing your worth, and having compassion for yourself, all of which will enable you to make healthy life choices. Being able to offer our most authentic and healthy selves will also, in turn, allow us to give our best to those we surround ourselves with. Thus, taking a little time to make self-love a priority will not only benefit us but also anyone who reaches out for our guidance.

Here's why we believe that a focus on self-love should be a priority for 2022...

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Homemade Poke Bowl Recipe

First of all that has a Poke ("POH-keh.") Bowl? It is the new food trend from Hawaii that has made it to the mainland. Poke Bowl restaurants are popping up fast in many neighborhoods. Poke in Hawaiian means "to cut" and it is essentially a cut of raw sushi grade tuna over rice with seasonings and other veggies and maybe some fruit too. Think sushi as a rice bowl or an Asian version of a taco bowl.

One of our family's favorite meals is to make homemade Poke Bowls. Although not as many options as the restaurant version, it feels like a restaurant meal at home and it is also easy to make for guests. I love it because it is self-serve; make it the way you like it meal. Kids and guests can choose from a selection of what to add to their dish....

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Upcoming WFWP Events: Global and Local

Check out the calendar for exciting upcoming events.

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wfwp.newsletter@gmail.com

