

# Logic of Love News

August 2021 - Vol 1



## President's Corner: Keeping Hope Alive with the Logic of Love News

Dear friend,

*"One day I was feeling down. I noticed there was a new edition of the Logic of Love News in my inbox. I read it from top to bottom and was completely refreshed. ... Through that, I realized how gentle yet at the same time powerful the Logic of Love News is."*

This is a quote from one of our readers, who has been receiving this free newsletter since its inception. It is truly our intention to inspire, uplift, educate, inform, empower and sometimes challenge our women (and men) readers of all ages through the heart and spirit infused in our articles and stories. The "challenge" part comes in articles that exhort readers to seek the high road, and to see the positive, the opportunities and the goodness that are still present for us in the midst of pain, confusion and hopelessness.

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## Celebrating WFWP and two Heroes/ Sheroes: Zena Ruf and long time Volunteer, Vicki Phelps

Mrs. Zena Ruf, who has been the chairwoman for Northern Virginia for the last seven years, and Mrs. Vicki Phelps, who had joined WFWP in 1992, the founding year, and has been involved ever since as a most dedicated volunteer. Through the sharing of testimonies and hearing from the two ladies, we could go back in WFWP history and get a sense of what it was like. History was in the room!

Both ladies received a **Certificate of Appreciation** for their dedicated service and support to WFWP USA.

Congratulations and THANK YOU to Mrs. Zena Ruf and Mrs. Vicki Phelps for all you have given and invested into WFWP! It is because of women like you, unassuming, humble, loving, serving and committed, that WFWP is what it is today! Blessings on your path wherever it may lead!...

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## Who's taking care of Mom? – Program for Young Mothers

Who is asking me what I need or how I'm feeling? Who do I feel emotionally safe with? Who is my tribe, my village of support? These questions and more were explored on Wednesday, July 28, 2021 as part of WFWP USA's program for young mothers: **"Who's taking care of Mom? Creating a community of support for mom's emotional needs."** Twenty-two moms of young children, as well as a few grandmothers, heard from Ms. Tierra Banks, certified Mother-Daughter Coach and **Founder of Mended Relationships, LLC** as she shared many pointers and insights on how we can make sure we remain whole and filled up in heart so we can give our authentic selves to our children.

As a mother herself and coach to many more mothers around the country, Tierra shared that **the women she helps all have a deep, common root: a woman with unmet needs.** However, it is a disservice to our children to remain as a self-sacrificing, emotionally deprived, exhausted, frustrated, devoted mother. So how can we meet those emotional needs?...

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## WFWP Canada: Women's Effective Participation in Public Life and Decision-Making Leads to Sustainable Development

On Saturday, June 26, 2021 a virtual webinar was held across Canada under the theme: **Women's Effective Participation in Public Life and Decision-Making Leads To Sustainable Development** with 40 in attendance.

Lilly Tadin, **WFWP Canada President**, welcomed the participants with words of Mother Moon, affirming that "participation by women is needed in all aspects of society from diplomacy and politics to the economy and reform of the legal system. However, the highest priority for our activities needs to be education of our society with a righteous value system based on True Love and the True Family movement. We need to encourage and foster the practice of living for the sake of others."

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## From Fear to Trust—Leadership of the Heart Seminar Part III: WFEW Northern California

Northern California WFWP held its third and final zoom event of the Leadership of the Heart Curriculum on Saturday, July 31, 2021. Sixteen women participated in the hour event. After a brief overview by Myrna Lapres of the past two sessions which included **understanding our self-worth and connecting to our spiritual gifts and talents**, co-presenters Ms. Eri Combs and Ms. Gabriela von Euw guided us through the topic, **"Emotional Maturity—Changing My Perspective."**

Based on the premise that we have to be healthy emotionally in order to be able to bring peace in our lives and those of others, Eri Combs began by talking about the fears that block us and take away our power to do good. Quoting Aristotle who said, **"Knowing yourself is the beginning of all wisdom,"**...

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## WFWP Canada hosts Cornerstone for Peace Webinar- Session 1

The Women's Federations for World Peace (WFWP) Canada held part one of a four-part series webinar called **"Cornerstone for Peace"** on July 29, 2021. The topic of Session 1 was: **"A Movement to Uplift Marriage and Family."** The event was hosted by Lilly Tadin, President of WFWP Canada, with an introduction by Blandine Stringer, Treasurer of WFWP Canada, and presentation by Eveline Stewart, Chairwoman WFWP Hamilton, Ontario. Eveline, who has been a member of WFWP Canada since its founding, opened the presentation with questions that left the audience in deep thought: **"Do we really value people and families today?"** as well as **"Do we know how to build healthy families?"**...

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## Simple Cucumber and Tomato Salad

In summer there is an abundance of cucumbers and tomatoes in the garden and in the stores. This is the perfect recipe to take advantage of the produce in season. I also have oregano in my garden so I added it to the salad. I started making it at the beginning of the summer and has been a favorite with the family since.

### Ingredients:

- 1 long cucumber or two small cucumbers
- 2 big tomatoes or about 2 cups of any kind of tomatoes
- 1 small or medium red onion (I like onions but ½ of an onion will work too.)
- 2 Tbsp. olive oil
- 1 Tbsp. red wine vinegar
- 1 or 2 avocados
- 1 Tbsp. fresh oregano
- Salt and pepper to taste

### Directions...

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## Upcoming WFWP Events: Global and Local

Check out the calendar for exciting upcoming events.

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